

**Timeline** 

Residential

2020 Website Program Description



Timeline

Explore your spirit's journey and begin to honor your individual process of self-discovery to better understand your Total Self

**Residential Program** 

\$2,195.00

5 Days + 6 Nights

Prerequisites
Gateway Experience
Gateway Voyage
Gateway Voyage Virtual Retreat
Only one of the prerequisites above is required

Ready to set a new course? Where ever you are in your journey, know that you will continue to grow beyond that level of awareness. Begin to honor and appreciate your process for self-discovery.

See your spirit's journey—past, present and future. What makes you, you? Each of us is born with unique opportunities for personal growth and self-actualization. Yet, in the unfolding of our lives, we sometimes experience doubts. Revisit earlier years of your current life, uncovering and releasing old beliefs or recurring emotions that have limited or obstructed your progress.

Experience a deep exploration of other lives to gain perspective, clarity and understanding to release past conflicts. Explore what many call "past lives"—along with other aspects of your consciousness—toward a new understanding of the origins of your current life situation. By healing and releasing the past you can create an opening to a more purposeful and fulfilling future.

Gain a greater understanding of the eternal nature of your being and your connection to others. Move forward in local time, meeting your future wise self, perceiving future events, receiving clarity about your purpose, and gaining a new life overview. Experience the love-filled energy that underlies all life to receive clarity about your life's purpose. Create a new life overview that allows you to navigate this life with less resistance and fulfill your desired potential!

## L.I.F.E. Quantum Biofeedback System—lab session

As a Timeline participant, you receive a personalized lab session using the L.I.F.E. Quantum Biofeedback System and Hemi-Sync® frequencies. After the L.I.F.E. System has identified a "past life" with an unresolved conflict, which is impacting your current life, you will be guided to explore that "past life." You will have the opportunity to heal the unresolved conflict while the system sends balancing frequencies to enhance the healing process.

The L.I.F.E. System is an advanced electro-physiological biofeedback device that identifies and balances "stress potentials" as communicated by your body. Utilizing 14,000+ frequencies and based on 20+ years of research, the system promotes balance of the physical, emotional, mental, and spiritual bodies. It uses biofeedback and bio resonance to energetically stimulate your body's own healing mechanisms, helping it return to its natural state of balance.

# What You Get

In addition to the program materials and audio exercises, you will receive the following benefits.



## **Semi-Private Rooms**

Standard accommodations are double-occupancy rooms.



### Free Wi-Fi

Free Wi-Fi is available for guests



## **Daily Meals**

Our dining menu offers many healthy fresh options with a farm-totable philosophy.



#### **Shuttle Service**

Local area, shuttle transportation is included on the first and last days of each program.



## Swimming

During afternoon breaks, enjoy a dip in the swimming pool or lake (weather-permitting).



#### Massage

Massages are available during weeklong retreats during afternoon breaks. (additional fee)